



**English Rhythmic Gymnastics
Championships 2019
Timetable**

Friday 31st May		
19:00	22:00	Optional orientation for Junior and Senior Groups

Saturday 1st June		
08:00	08:15	Registration - Session A Junior Individual & Espoir Group
08:00	08:50	Warm up - Session A
08:50	10:06	Orientation - Session A
10:15	12:56	Competition - Session A
13:35	13:45	Presentations Junior Individual All around & Espoir Group All around
12:00	12:15	Registration - Session B Under 9, Under 10, Under 11, Under 12 Individual
12:15	13:05	Warm up - Session B
13:05	13:25	Orientation - Session B
13:55	15:40	Competition - Session B
16:00	16:15	Presentations Under 9 & Under 10 Individual All around
14:40	14:55	Registration - Session C Senior Individual, Junior & Senior Groups
14:55	15:45	Warm up - Session C
15:45	15:55	Orientation - Session C
16:25	18:20	Competition - Session C
18:30	18:45	Presentations Senior Individual All around, Junior & Senior Group All around

Sunday 2nd June		
08:00	08:15	Registration - Session D Under 11, Under 12 & Under 9, Under 10 Apparatus Finalists
08:00	08:50	Warm up - Session D
08:50	08:56	Orientation - Session D
09:05	10:15	Competition - Session D
10:25	10:40	Presentations Under 11, Under 12 All around & Under 9, Under 10 Apparatus Finals
09:45	10:00	Registration - Session E Junior Individual Apparatus Finalists & Espoir Group Apparatus Finalists
10:00	10:50	Warm up - Session E
10:50	13:40	Competition - Session E
14:00	14:30	Presentations Under 11, Under 12, Junior Individual Apparatus Finals and Espoir Group Apparatus Finals
13:35	13:50	Registration - Session F Senior Individual Apparatus Finalists, Junior and Senior Group Apparatus Finalists
13:50	14:40	Warm up - Session F
14:40	16:32	Competition - Session F
16:45	17:15	Presentations Senior Individual Apparatus Finals, Junior & Senior Group Apparatus Finals